

GOTCHA! YOGURT

NON FAT FROZEN YOGURT

ANGEL FOOD CAKE

YOOCREAM[®]

Nutritional Facts
Serving Size 83g (4oz)



Calories:	110	Protein:	1g
Total Fat:	0g	Calcium:	4% DV
Sugar:	19g	Contains:	Milk, Egg, Wheat
Cholesterol:	0mg		
Total Carbohydrate:	25g		

WeightWatchers[®]
PointsPlus Value **3**

GOTCHA! YOGURT

NON FAT FROZEN YOGURT

ANGEL FOOD CAKE

YOOCREAM[®]

Nutritional Facts
Serving Size 83g (4oz)



Calories:	110	Protein:	1g
Total Fat:	0g	Calcium:	4% DV
Sugar:	19g	Contains:	Milk, Egg, Wheat
Cholesterol:	0mg		
Total Carbohydrate:	25g		

WeightWatchers[®]
PointsPlus Value **3**

Areas in **blue** are bleeds. This is color that goes beyond on finished artwork to be cut off after printing. It is 1/8" on each side, increasing your final file size by 1/4" each dimension. i.e. this file's finished size is 5"x7" so the file needs to be 5.25"x7.25"